

## Terms and Conditions for Open Water Swimming

The terms and Conditions detailed below apply to all members and non-members participating in open water swimming at Cotswold Country Park and Beach.

### GENERAL

1. Completion of the registration form together with a signed copy of this document, is recognised as acknowledgement of the acceptance of these Terms and Conditions by the participant.
2. The participant is fully responsible for their actions whilst attending Cotswold Country Park and Beach (CCPB). This includes entrance and exit into the site and any other unrelated swimming activities.
3. CCPB does not accept responsibility for the actions of the participant, nor the consequences of such actions.
4. If a participant breaks the rules resulting in being banned no refund will be made.
5. Each participant upon signing the registration form agrees that they are physically and mentally capable of participating in open water swimming.
6. The participant confirms that the kit they have chosen to wear during this activity is suitable and safe to do so.
7. There will be bouys in place to mark courses. It is the decision of the participant to decide whether to continue on the course or not.
8. CCPB reserves the right to shorten or adjust the course at anytime due to safety or maintenance. Participants do not have the right to claim a refund.
9. CCPB cannot be held responsible for damage or loss of property.
10. Each participants agrees to assign and grant the right to give permission for CCPB to use and publish any photography, or video made or taken on open water swimming.
11. Fees cannot be refunded or exchanged under any circumstances. CCPB reserves the right to cancel any session due to extreme weather conditions.
12. Participants agree that CCPB can contact you with regards to open water swimming and related site events (GDPR compliant).
13. Participants may bring others on site with them (max: 1 x full car) at the specific swim times at an additional cost of £1.50 per person (anyone under 18yrs must be accompanied at all times by a responsible adult). This MUST be booked in advance. Anyone under the age of 2 is FOC.
14. We want participants to try us before they commit to us. Therefore we ask for all participants to have at least one swim session before they commit to buying a membership. We will refund the full amount of the first session (£15) if membership is purchased within the first two sessions.
15. If participants with membership miss 2 booked swim sessions, we will cancel your membership with immediate effect and with no option of refund.
16. Please make sure you declare any pre-existing medical conditions (including pregnancy). It is also your responsibility to update this information regularly. It will be at our discretion whether or not you can participate, follolwing this information.

### THE RULES

17. Participants must be a minimum of 18yrs.
18. Participants must be considerate to other site users and other swimmers.

19. A bright coloured swim hat must be worn by the participant (no exceptions). Participants will be refused entrance if they are not wearing a bright coloured swim hat.
20. It is the participants decision whether or not to wear a wetsuit. If a decision is made not to wear a wetsuit a tow float must be used instead.
21. As a participant you must sign in when you enter the water and sign out when you are out the water. Failure to sign out at the end of swimming will result in the emergency contact being called and further sessions being delayed.
22. CCPB implement a wrist band system that must be worn on the participants wrist while swimming as a means of identification.
23. Sessions include parking and admission to site for open water swimming participants during session times only. Any admission outside of open water swimming sessions are subject to normal site charges.
24. Swim preperation area where people can acclimatise to the water is set up between the entrance/exit slip way and the left bank (as you face the water). Particular care for other swimmers in this area must be noted.
25. The swim course begins at the first buoy NOT the slip way.
26. All swim courses are to be swam in a direction of 'Clockwise'.
27. All participants must be able to swim unaided 400m (16 lengths of a standard pool).
28. All sessions must be booked in advance as space will be limited.
29. Participants have until 0930 (for morning sessions) and until 1900 (for evening sessions) to finish training (run or bike) or to relax and refuel with what our catering facilities have to offer.
30. All participants must have read and signed this document along with the registration form confirming that they fully understand the rules and terms of conditions. Failure to do so before the first session will result in no entry and no refund.

**COVID-19 EXTRA KEY STEPS**

31. On arrival please provide your name for admission into the park.
32. Please park cars in North car park only. This is the left turning as you pass the gates. Please leave at least 1 car space between cars.
33. Our changing facilities are closed. Please changed at car or at home. (Please make sure you can zip your own wetsuit up).
34. Go to sign in area where you will be greated with a smile and asked your name.
35. A staff member will sign you in and hand you a band that must be put on your wrist for the duration of your swim.
36. If there is a queue please adhere to signage and remain 2 meters apart at all times.
37. After you have completed your swim please head back to the sign in area and say your name to the staff member where you will then be sign out.
38. If you are staying onsite after your swim (see point 28) please adhere to all site social distancing measures.
39. Please see point 14. Memberships for this season will be £85

I (please enter full name) ..... fully understand all points 1 - 39 and accept these terms and conditions.

Signature:.....

Date:.....